

Warm and Toasty Socks

Heritage 6

Designed by Cascade Yarns Design Team

Knitting pattern DK725 - Intermediate

Size:

M (L)

Materials:

- Cascade Yarns® Heritage 6: 75% Superwash Merino Wool / 25% Nylon; 292 yds (267 m); 1 skein color #5604 Denim
- US 3 (3.25 mm) double pointed knitting needles
- Stitch markers
- Yarn needle

Finished Measurements:

Approximately 8" (9") long foot x 7" (8") circumference

Gauge:

26 stitches x 36 rows = 4" in stockinette stitch



Abbreviations:

C/o = Cast on
Dec = Decrease
Inc = Increase
K = Knit
K2tog = Knit 2 together
P = Purl
PM = Place marker
Rnd = Round
RS = Right side
Sl = Slip
St(s) = Stitch(es)

Ssk = sl the next two stitches knitwise one at a time. Insert point of left needle into front of the two slipped stitches and knit them together through the back loop.

Begin pattern:

C/o 54 (60) sts. Join, being careful not to twist stitches placing on 4 needles.

PM for beg of rnd.

Work in K1, P1 ribbing for 1 ½".

Change to stockinette stitch (knit every round) and work until 7" (7 ½") from beginning or desired length to top of heal.

Place next 28 (30) sts onto one needle for heel. Place remaining sts on waste yarn or stitch holders for instep. 28 (30) sts for heel.



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Heel:

Row 1: (RS) *Sl 1, K1*; rep bet *'s around. Turn.

Row 2: Sl 1, Purl across.

Repeat these two rows until 24 (26) rows have been completed. Dec 1 st on last row to 27 sts on M and L size to 29 sts.

Turn Heel:

Row 1: (rs) K14 (16), ssk, K1. Turn

Row 2: Sl 1, P2 (4) P2tog, P1. Turn.

Row 3: Sl 1, K3 (5), ssk, K1. Turn.

Row 4: Sl 1, P4, (6), P2tog, P1. Turn.

Row 5: Sl 1, K5 (7), ssk, K1. Turn.

Row 6: Sl 1, P6 (8), P2tog, P1. Turn.

Row 7: Sl 1, K7 (9), ssk, K1. Turn.

Row 8: Sl 1, P8 (10), P2tog, P1. Turn.

Row 9: Sl 1, K9 (11), ssk, K1. Turn.

Row 10: Sl 1, P10 (12), P2tog, P1. Turn.

Row 11: Sl 1, K 11 (13), ssk, K1. Turn.

Row 12: Sl 1, P12 (14), P2tog. Turn.

15 (17) sts remain.

Place instep sts from holders evenly on 2 needles. (13 sts (15 sts) each needle)

Heel Gusset:

K8 (9) these sts will be part of needle #4), with another needle, K remaining 7 (8) sts, c/o 1, then pick up and knit 12 (13) sts along the side of the heel. (Needle #1: 20 (22) sts))

With another needle, knit across needle #2. (13 (15) sts)

With another needle, knit across needle #3. (13 (15) sts)

With another needle, pick up and knit 12 (13) sts along the other side of the heel and the 8 (9) sts from the beginning of the gusset. Needle #4: 20 (22) sts. 66 (74) sts total.

Working in rounds again, shaping the gusset as follows:

Rnd 1: (dec round)

Needle #1: K to 3 sts from end, K2tog, K1.

Needle #2: Knit.

Needle #3: Knit.

Needle #4: K1, ssk, K to end.

Rnd 2:

Work even knit.

Repeat rnds 1 & 2 until 54 (60) sts remain.

Continue working even on 54 (60) sts in until foot measures 2 ½" (3") less than desired length of foot measuring from the back of the heel.

Divide sts as follows on 4 needles needles for top and bottom of toe:

Needle #1: 14 (15) sts

Needle #2: 13 (15) sts

Needle #3: 14 (15) sts

Needle #4: 13 (15) sts

Toe Shaping:

Rnd 1:

Needle #1 (sole) K to last 3 sts, K2tog, K1.

Needle #2 (instep) K1, ssk, K to end.

Needle #3 (instep) K to last 3 sts, K2tog, K1.

Needle #4 (sole) K1, ssk, K to end.

Rnd 2: Work even.

Work rnds 1 & 2 until 18 (16) sts remain.

Next Rnd: K2tog around. 9 (8) sts

Finishing:

Break yarn leaving a long tail. Thread yarn needle with yarn and run through remaining stitches, pulling firmly. Secure and weave in all ends.

